THrive
Mental Health & Wellness Day 2019

Presenters & Their Presentations

OPHS Advanced Peer Counseling

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**OPHS Advanced Peer Counseling**

Come hear Advanced Peer Counselors explain how they support their peers emotionally and socially and foster resilience through a variety of programs on campus.

Session 1: 9:00-9:55am, Session 2: 10:00-10:55am

Pavilion

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**Robert Ahdoot**

Robert Ahdoot is a keynote speaker for teachers, parents, and educational leaders to learn highly effective methods of connecting to and inspiring the students in their care. He is the author of One-on-One 101 and the founder of YayMath.org. Most importantly he loves people and is passionate about helping them.

*Yay Math*

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**How to connect to kids, and inspire them.**

Our desires have always been the same, for both our students and our own children. We wish to make that meaningful human connection which they so desperately crave. In this presentation, we'll discuss numerous insights, both research-based and from a life/career dedicated to student success, that will inspire your kids and tap into their deepest potential.

Session 1: 9:00-9:55am, Session 3: 11:00-11:55am

Room C-8